



LIVE AND STUDY
SPANISH
IN YOUR TEACHER'S HOME IN

Barcelona
CASTELLDEFELS



ADULTS

MAKE SPAIN YOUR CLASSROOM

With you, every step of the way!

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WE ARE THE EXPERTS

Welcome to our **Spanish Homestay Immersion Programme (SHIP)** in the Barcelona province!

The **Spanish Homestay Immersion Programme (SHIP)** is our hands-on alternative to **Spanish Intensive Courses**. Live and breathe the Spanish way of life and immerse yourself in Spanish culture.

This programme is offering you a truly unique opportunity to **LIVE** and **LEARN Spanish** in your **TEACHER'S HOME** in **BARCELONA PROVINCE!**

ABOUT YOUR HOST TEACHER IN BARCELONA

My name is **María Fernanda de Miguel**, but for all my friends and family **I am Nanda**. I was born in Barcelona and since 1984 I lived in the beautiful town of **Castelldefels**. It is situated just 18 kilometres outside of Barcelona, on a stretch of coastline known as the Costa del Garraf.

I studied Hispanic Philology at the University of Barcelona because I have always liked **literature and reading**, especially our classics of the Golden Age. I also love crime novels, from Poe to J. Nesbo.

In my spare time I write and **in 2021 I published my first cook book**. I love to practice swimming and pilates, two very important activities for me because they allow me to keep my body and mind in shape.

Another of my passions is Mediterranean cuisine, **I love cooking and I enjoy inviting my friends and family around a good table**.

In 2013 I started teaching ELE classes sporadically; but **since 2018 I am professionally dedicated to teaching Spanish language**.



NANDA

IMMERSION PROGRAMME

What is the Spanish Homestay Immersion Programme (SHIP) about?

The **Spanish Homestay Immersion Programme (SHIP)** is one of the most enjoyable methods to learn and improve your Spanish by studying abroad for an intensive period of time. By enrolling in one of our **Spanish homestay immersion programmes**, you will go to some of the most **exciting destinations in Spain (Barcelona, Valencia, Mallorca and Menorca amongst others)** and **live and study Spanish in one of our host-teacher's home**, where you will mingle with their friends and family.

Programme lengths can vary. You can arrange a rigorous one or two-week Spanish homestay immersion programme or even stay longer.

Our **Spanish homestay immersion programmes** are ideal because they are **bespoke, authentic, thrilling** and **customizable**.

Who is the Spanish Homestay Immersion Programme (SHIP) for?

The **Spanish Homestay Immersion Programme (SHIP)** is open to anyone! Our students typically range **from being in their 20s to their 70s** and come from various backgrounds and different levels, including **university students** wanting to get ready for their first job in an international company, **adolescents** hoping to improve their Spanish language solely for self-improvement and higher confidence in communication skills, **retirees** with a passion for anything Spanish, small **groups of friends** with similar interests, **families** seeking an educational vacation, and **business executives** looking to improve teamwork.

Which Spanish destinations can you choose from?

There are **several regions in Spain** where our **Spanish homestay immersion programmes** are offered. You can choose from **Barcelona, Valencia, Mallorca and Menorca** amongst others. Every time we open a new location, we make sure it can provide you with the best travel and holiday opportunities as well as **a place to learn or improve your Spanish**. Keep in mind that this is also **your chance to go to and see wonderful destinations!** In order to provide a wide selection of locations in Spain for immersion homestays, we continually increase our network of host-teachers.

Can't find your destination on our network?

At Spanish Express we recognise that every person has distinctive tastes, and as a result, we work to provide programmes that are catered to all types of people with various interests. **We can work out a custom plan for you in any Spanish speaking country or region** that will help you not only **learn the Spanish language**, but also **gain an understanding of other Spanish-speaking cultures**.

IMMERSION PROGRAMME

Who are the host-teachers of the Spanish Homestay Immersion Programme (SHIP)?

Our **certified Spanish instructors** are **native Spanish speakers** with many years of experience teaching Spanish to **students from all over the world**. Teachers create a **bespoke programme** based on the initial language level test and personal consultation taken with the host-teacher in **one online session** prior to the arrival to the chosen destination in Spain.

Moreover, most of our certified teachers are also **official examiners** for the following **UK exam boards: AQA, Pearson Edexcel, OCR and WJEC**.

In addition, most of our certified teachers are **official examiners for the Spanish certifications DELE and SIELE**.

Would you like to prepare and/or take an official exam while participating in the Spanish Homestay Immersion Programme (SHIP)?

You can prepare for the **Spanish GCSE, IGCSE or A level** exam with us for the following UK exam boards: **AQA, Pearson Edexcel, OCR and WJEC**. You can also take your exam with us!

Spanish Express is a branch of **David Game College**. David Game College has been a **recognised examination centre since 1974**.

You can also prepare with us for the following **official Spanish qualifications**:

- The Diploma of Spanish as a Foreign Language (**DELE**)
- The International Spanish Language Evaluation Service (**SIELE**)

Is Spanish Express an accredited centre for Spanish official exams?

Yes, **Spanish Express is one of the seven accredited Spanish SIELE Exam Centres in the UK**, and **we can also organise remote exams for SIELE from Spain** as long as you are enrolled in any of our courses or immersion programmes.

For the **DELE exam** you need to go to the **DELE Exam Centre**. We can help you with the enrolment once you have finished the exam preparation course with us.

IMMERSION BENEFITS

What are the benefits of our Spanish Homestay Immersion Programme (SHIP) * Live & Study Spanish in your teacher's home*?

Living and studying a language in your teacher's home can offer a number of benefits, including:

1. **Immersion:** Living with your teacher provides an immersive experience, allowing you to be constantly surrounded by the language and culture you are studying. This can accelerate your learning and help you to develop natural speaking and listening skills.
2. **Personalized learning:** Living with your teacher allows for personalized and tailored instruction. Your teacher can focus on your individual needs and work with you to improve your weaknesses.
3. **Cultural experience:** Living with your teacher provides a unique opportunity to experience the culture firsthand. You can learn about customs, traditions, and ways of life that are not easily learned in a classroom.
4. **Practice outside of class:** Living with your teacher provides ample opportunity to practice the language outside of class time. This can include informal conversations at meal times or while doing activities together.
5. **Convenience:** Living with your teacher eliminates the need for commuting to and from classes, allowing you to spend more time studying and practicing the language.

Overall, living and studying a language in your teacher's home can be a highly effective way to learn a language, as it offers an immersive and personalized learning experience, as well as a unique cultural experience.

Our **Spanish Homestay Immersion Programme (SHIP)**
Live & Study Spanish in your teacher's home
it's more than just a peek through a window. It's discovering
a new life, a new you!

YOUR STAY

ACCOMMODATION

This host teacher accepts only **one student at a time**, providing a **single private bedroom** with a **single sofa bed** and a **bathroom exclusively for the student's use**, located next to the room.

It's important to make sure that the accommodation meets the needs of our guests and that everyone is comfortable. If there are any specific requirements or preferences, it's a good idea to discuss them with us to see if they can be accommodated.

We must be told ahead of time if there are any special dietary requirements. The following items are included in the programme:

- Private guest room
- Private guest bathroom
- Breakfast, a snack/packed lunch, and a prepared evening meal are included with full board (only meals at home)
- Bedding and towels are provided
- Dietary restrictions (see supplements)
- Free wi-fi
- Toiletries

EXCURSIONS

The **SHIP** has a large array of **excursions and exciting activities** available within each programme. During the **online session before arrival**, teachers will talk with students about their interests.

Teachers are then able to incorporate this into the students' bespoke personalised schedule, which is organised and approved by the students before they arrive.

Further to the outings included in their programme, students can request that additional excursions be arranged, either alone or accompanied by their host teacher (extra fees apply).

YOUR ACCOMMODATION

The house features:

- **Single bedroom with a comfortable sofa bed.**
- A kitchen with **all new appliances** where you will cook some Spanish recipes with your host.
- A **private bathroom** with clean towels, bath gel, shampoo and hairdryer.
- **Breakfast, lunch and dinner (at home).**
- **Wi-Fi & Netflix.**



The house is **very well connected by public transport**, and at the same time away from the noise, in a residential area.

It is located in a **second floor without elevator**.

It has a **pool, garden and communal area**.

PHOTOS OF YOUR TEACHER'S HOME...



CASTELLDEFELS & SURROUNDINGS

Blending learning with culture

Our **SHIP** will take you on a journey to discover...

Castelldefels



Castelldefels is located in the heart of **Costa del Garraf**, between the mountainous landscape of the massif of **Garraf** and the **Mediterranean**. More than five kilometres worth of fine beaches are found there, only a few minutes away from **Barcelona** and its international airport.

The lovely temperatures of the coast of **Barcelona** will let us enjoy the **Mediterranean** waters, and the rich artistic heritage.

Castle of Fels

The ancient **Castle of Fels**, which gave this town its name, dominates the coastline of the city.

We can also see medieval defence towers, erected in the 16th century, such as the towers of **Can Ballester** and Barona Tower.



TOP PLACES TO VISIT

Spanish art & history



- The Olympic Canal of Catalonia
- The wetlands (Aiguamolls) of the Llobregat Delta



- Miniature Park of Catalonia
- Garraf Natural Park
- Palau Novella, a 20th century mansion, where the Buddhist Monastery is located



- Visit to la **Sagrada Família**
- Tour of the **Gothic Quarter of Barcelona**

- a. Gothic Cathedral
- b. La Boquería market
- c. El Bosc de les Fades
- d. Jewish quarter
- e. Las Ramblas

PICTURES FROM PREVIOUS TRIPS



STUDENTS' TESTIMONIALS

HEAR WHAT OUR STUDENTS HAVE TO SAY...

TIFF



For me, learning Spanish with Nanda **was a really fun** experience.

Visiting Nanda's home, in Castelldefels, a suburban town of the Metropolitan Area of Barcelona, was the **perfect opportunity for me to really enhance my Spanish**. I was able to explore the metropolitan and diverse city of Barcelona, whilst being based in a hub of authentic Spanish culture 24/7.

Living in the home of my teacher was an unforgettable cultural and fun experience. Immersion in the culture boosted my Spanish confidence and made for an unforgettable vacation. There is no better way to experience Spain.

I have visited Spain a few times in the past and Nanda has showed me another area of the province of Barcelona that I have never visited before. Castelldefels is situated just 18 kilometres outside of Barcelona, on a stretch of coastline known as the **Costa del Garraf**.

What I liked the most was the **Castle**: a frontier fortress built to defend the Carolingian Empire's frontier against neighbouring Muslim territories, particularly the Caliphate of Córdoba.

What I like the most about **Spain is the culture**, the food and the art and I highly recommend studying at your teacher's home because you learn in a friendly environment.

DAVID



NICK



I want to be able to communicate properly with my in-laws in Spanish, so I need to be integrated into the language community. What I like best about Spain is its **culture, food, and language**.

I would recommend staying at your teacher's house because you can learn a lot in a short period of time and improve your vocabulary by speaking constantly while immersed in the language and culture.

PRICES

PRICE PER WEEK, PER PERSON

***FROM 1.650€**
15h Spanish lessons
+ 4 activities/excursions

NUMBER OF PERSONS

1 participant - Immerse yourself in a unique cultural experience, connecting with your teacher's family and friends for an authentic adventure!

*ADDITIONAL CHARGES

- **High-demand periods:** Applicable during June, July, August & September, School Half Term, Easter, and Christmas holidays. Contact us for a personalized quote.
- **Theme weeks:** Diverse Theme Weeks are available throughout the year, tailored to various interests and schedules. Prices vary based on the program and season. Contact us for a personalized quote.
- **Special dietary needs:** Additional cost for customized meal plans. Contact us for a personalized quote.
- **Spanish Tuition for Exam Preparation and Business Spanish:** Tailored lessons designed for IGCSE, A-Level, DELE, SIELE exams, and Business Spanish include a supplement fee. Contact us for a personalized quote.

Registration Fee: 150€

Payment Note: Full payment is required upon receipt of the invoice to secure any reservation.

Program Duration

- **Flexible durations** starting from 1 to 4 weeks.
- **Standard schedule:** From Sunday (check in after 4pm) to Saturday (check out before 11am). Other arrangements available upon request.

WHAT'S INCLUDED

- **Online session before arrival** to prepare for your immersion experience.
- **Spanish level test** to assess and customize your learning plan.
- **15 hours of general Spanish lessons** (both structured and seamlessly integrated into activities/excursions with workbooks).
- **15+ hours of Spanish conversation** during meals and activities/excursions.
- **15+ hours of planned activities/excursions**, include guided conversations to practice Spanish in real-life settings (meals, travel expenses, and tickets are included).
- **Full-board accommodation**, include all meals at your teacher's home and during planned activities/excursions.
- **Study materials** tailored to your learning objectives.
- **Wi-Fi access** in your teacher's home.
- **Certificate and personalized report** detailing your progress.
- **Video souvenir** highlighting your immersive experience.

WHAT'S NOT INCLUDED

- Flights or trains to/from Spain
- Travel and medical insurance
- Airport transfers*
- Extra tuition*
- Optional activities/excursions*
- Meals outside the home (when they are not part of planned activities/excursions)*
- Alcoholic drinks*

*Available at an additional cost upon request

Please check our Terms & Conditions when booking your programme.

OTHER IMPORTANT INFORMATION

HEALTHCARE

EU residents are entitled to free health care while in Spain for holidays or for the first three months of their stay, so long as they can provide an EHIC (European Health Insurance Card). This will cover any immediate treatment needed. Medical conditions that do not require immediate treatment might incur charges. The EHIC card is not valid for health care in Spain if the holder is a Spanish resident.

The card only covers you for publicly-funded health care in Spain, not private, so make sure that the clinic or surgery you attend is aware of this, especially if both public and private services are on offer. Also, should you need an ambulance, make sure that it takes you to a hospital that offers treatment that the EHIC card will cover.

ENGLISH-SPEAKING DOCTORS & NURSES

It is possible, but not guaranteed, that you will find an English-speaking nurse or doctor in most hospitals. If an English-speaker is not available, most health services, particularly those in touristy areas, will provide an interpreter at a cost. In some regions, doctors refuse to treat patients who cannot speak Spanish unless they have an interpreter, as it can double diagnosis time. Finding an English-speaking doctor in a private hospital is almost guaranteed.

ENGLISH-SPEAKING DENTISTS

Visits to the dentist must be paid for in Spain and are not available under the state system except in certain circumstances. Children aged 6 to 15 years old have the right to a free dental health programme. In popular expat areas along the coast, several dental practices cater to English speakers. Private dental work in Spain tends to be cheaper than private dentistry in the UK.

PHARMACIES

Pharmacies are everywhere in Spain, even in the smallest villages, indicated by an illuminated green cross. The prescription service is much more relaxed than in the UK, with many items that would require prescriptions in the UK available over the counter. These include antibiotics and asthma inhalers, as just two examples.

CONTACTS

The Department of Health has two offices in Spain, which can deal with health care enquiries from British nationals either visiting or living in Spain. You can find more details at healthcareinspain.eu.

VISAS

What documentation is required to travel to Spain?

The documentation required to travel to Spain varies according to the country of origin. If you are a citizen of an EU country, Switzerland, Norway, Iceland or Lichtenstein, you will need a valid passport or ID card. Additionally, in the case of a minor travelling with an ID document, this must be accompanied by written permission from the parents. If you come from another country: the maximum stay in Spain is 90 days.

There are several countries whose citizens are required to have a valid current visa to enter Spain.

You can check them on this list:

<http://www.exteriores.gob.es/Portal/es/ServiciosAlCiudadano/InformacionParaExtranjeros/Documents/listapaisesvisado.pdf>

Citizens of these countries can also travel to Spain if they have a residence permit or a long-term visa issued by another country in the European Union (except the United Kingdom, Ireland, Romania, Bulgaria and Cyprus), Switzerland, Norway, Iceland and Lichtenstein.

Citizens of all other countries must have documents that justify the object and the conditions of their stay and show they have sufficient economic resources for their maintenance throughout the period they are intending to remain in Spain. The documents they are required to present will vary according to the motive for the trip.

Nearest airport: Barcelona (BCN)

It is advisable to take out travel insurance for your trip.

Given that conditions may vary, we suggest you contact the Spanish Embassy or Consulate to verify these requirements before you start your trip.

WEATHER

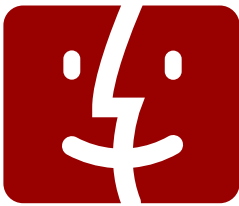
Barcelona has a Mediterranean climate with mild winters and hot summers. Its average annual temperature is 21.2°C during the day and 15.1°C at night. In the coldest months, January and February, the temperature ranges from 12 to 18°C during the day and 6 to 12°C at night. In the warmest months, July and August, the temperature ranges from 28 to 32°C during the day and from 20 to 24°C at night.

Tip!

The weather is pleasant for most of the year. However, you'll experience the absolute best weather from April to the end of June making these months particularly attractive for a visit to the city.

CONTACT US/CONTACTA CON NOSOTROS

FACE-TO-FACE/EN PERSONA



London/Londres:

31 Jewry Street, London, EC3N 2ET, UK
Mobile/Whatsapp: +44 (0) 7903 867 894

Barcelona:

Ronda President Irla, 28, 08302 Mataró - Barcelona, Spain
Mobile/Whatsapp: +34 689 79 66 62

ONLINE/EN LÍNEA



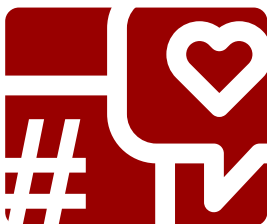
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SOCIAL MEDIA/REDES SOCIALES



Facebook: [spanish.express.5](https://www.facebook.com/spanish.express.5)

Instagram: [spanish_express](https://www.instagram.com/spanish_express)

LinkedIn: [spanish-express](https://www.linkedin.com/company/spanish-express)

TikTok: [spanish_express5](https://www.tiktok.com/@spanish_express5)

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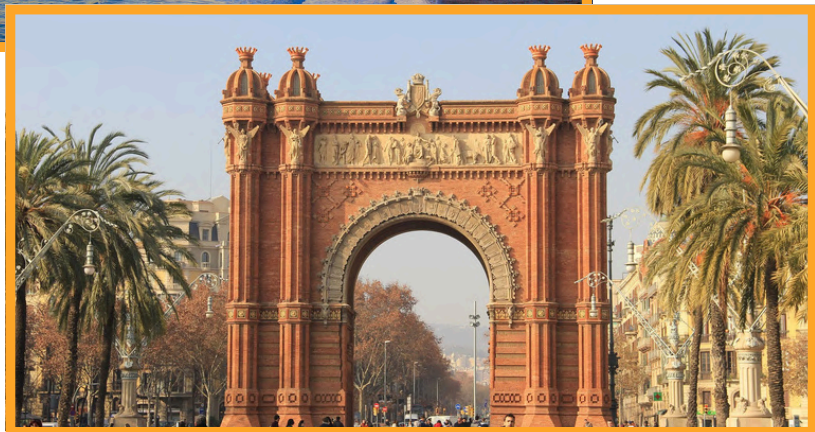
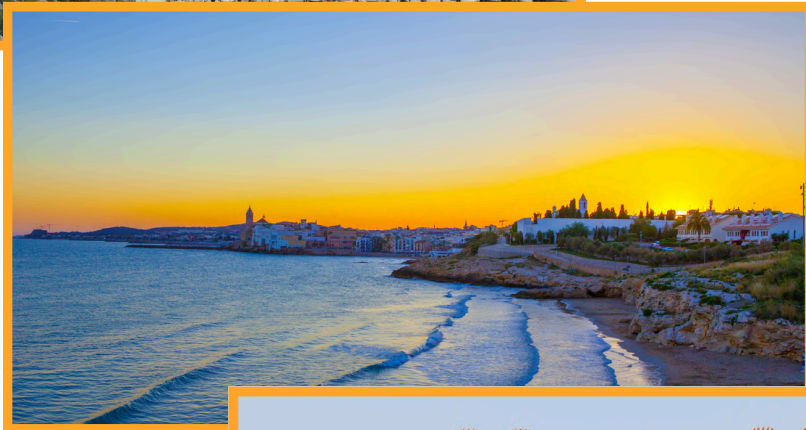
We have the right Spanish homestay immersion programme to make your dream a reality!

**LIVE AND STUDY SPANISH
IN YOUR TEACHER'S HOME**

in Spain



**WE HOPE TO HEAR
FROM YOU SOON...**



in Spanish!

